

My NDIS pathway: things to think about in planning for your child

This should be used with the NDIS document, *My NDIS Pathway*

This list prompts you to think about things that will help you develop your child's plan with the National Disability Insurance Agency (NDIA).

Thinking about your child's life

What does your child want to achieve in their life?

- Education – eg starting or finishing pre-school or school?
- Social participation – eg getting involved in social or community activities?
- Independence – getting around their house or community by themselves?
- Health and wellbeing – eg taking up an active recreation activity or sport?

Your child's life now

What are your child's current living arrangements?

- What sort of accommodation do they live in?
- Who do they live with?

Family, friends and other important people in your child's life?

- Who plays an important role in your child's life?

What are your child's regular activities?

- Child care, pre-school or school?
- Social and community activities?
- Other things your child does with family and friends?

What is working well in your child's life?

- Things that are working well for your child?
- Things that your child is good at?
- Things that your child really likes?

What things would your child like to change in their life? For example:

- Are there new things your child wants to learn that would enable them to get ready for or complete school or undertake social or community activities?
- What abilities would your child like to develop?
- What is not working so well in your child's life now?

Thinking about supports

- What supports does your child need because of their disability?
- Are there supports your child needs to enable them to increase their social or community activities or education?
- Does a family member or carer provide your child with support for their disability?

Support to enable you to take part in daily life and progress your goals

Knowing what you would like to work towards in life is the important first step in preparing your plan and working out what supports you might need to help address the impact of your disability.

This is the main way you help us learn about you and your needs, including:

- living arrangements
- regular activities, in particular social activities, education and work
- important people in your life
- your current informal, community and government-funded supports
- what is working well in your life or not working so well.

We also ask you to think about your goals, including:

- how you would like your life to be in a few years and what you would like to change
- when you want achieve this

- how you think you will be able to do achieve this
- what supports you have to help you
- what is stopping you from achieving your goals

In the legislation some key terms are used which you will notice in forms and other NDIS material:

- Participant is used to refer to the individual with a disability who is a participant in the NDIS.
- Participant statement of goals and aspirations refers to the information the participant provides about their goals and their circumstances which informs the development of their plan.
- Statement of participant supports refers to the supports the NDIS will assist you to access and any supports funded by the NDIS.

Preparing for your planning meeting with the NDIA can be feel overwhelming at times. We are able to meet with you before your planning meeting with the NDIA to assist you with your preparation and answer any questions.

If you would like to discuss further, please contact us:

Phone 1800 935 483
Email info@lwb.org.au
Web www.lwb.org.au