



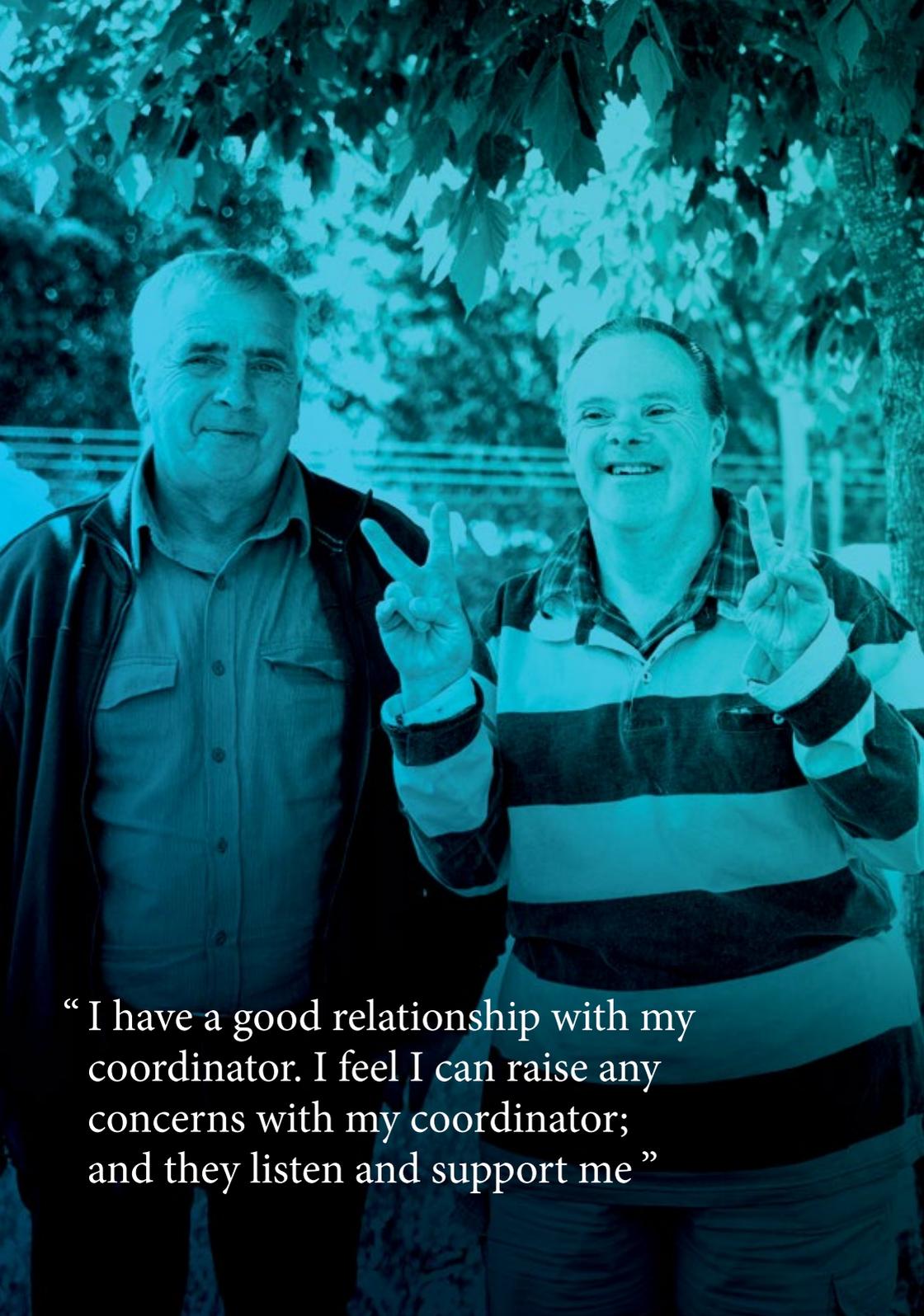
WE'RE ALL ABOUT YOU

Disability Supports and Services



**WE
LIFE WITHOUT BARRIERS
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Supporting People with Disability



“ I have a good relationship with my coordinator. I feel I can raise any concerns with my coordinator; and they listen and support me ”

WE'RE ON YOUR SIDE

Since our beginnings in Newcastle, New South Wales in the early 1990s, we have put people first, supporting people with disability to live the best life possible. We are proud to champion opportunity for all.

Every person is unique and we are interested in who you are and what you want. At Life Without Barriers, we offer individualised services that are all about your choice, flexibility and control.

OUR PERSON-CENTRED APPROACH

We believe that you should play the biggest role in designing your supports. We put you at the centre of decision-making to achieve the life you dream of.

“ At Life Without Barriers, our supports and services are all about you, offering you choice, flexibility and control ”



“ It’s good to know that when you need some support, Life Without Barriers is always there ”

OUR SUPPORTS AND SERVICES

We all want someone in our corner.

You have the right to live the life you want, with the people you choose.

We can offer a range of high quality support options that offer value for money. We design your support with you to maximise your potential and ensure you have a range of opportunities to be part of, and contribute to, your community.

Depending on where you live, the range of support options may vary.

A PLACE TO CALL HOME

Moving into your own home is an important step in anyone's life.

We recognise that everyone's living arrangements may look different and can change. At Life Without Barriers we will listen and work with you to set up a place to call home that best suits your needs.

Our accommodation services can offer:

- tailored supports to suit your living arrangements and build on your family, social and community networks
- personalised supports to enable you to live in your own home
- opportunities to live with other people in shared houses and apartments, all in your community
- a support staff matched to your age, lifestyle and support needs.

JUST THE RIGHT LEVEL OF SUPPORT

To support you to live as independently as possible, we can provide a flexible range of supports to make daily tasks easier so that you can get on with your day doing the things that are important to you.

We will work with you so you have just the right level of supports.

IN YOUR COMMUNITY

We can offer you a range of new experiences in ways that are fun, social and provide opportunities for learning.

Our supports are personalised and flexible. They may include doing activities by yourself and at times with others. It is your choice.

“ We want to be on the journey with you, supporting you to create new opportunities ”

EMPLOYMENT

If you are keen to get into the workforce, we'll support you to plan creatively so you are ready to find the right job.

We can support you to find the right training to learn the skills you need to find work you are interested in.

We will work with you to set career goals and support you to achieve them.

LEARN NEW SKILLS, GET MORE INDEPENDENCE

We are experienced in helping people try and learn new things. We will support you to get better at doing things for yourself so you can take up opportunities in your own community.

SPECIALIST SERVICES

If you require specialised and allied health professional services, we can put you in touch with the right people. We work with a range of professionally qualified and NDIS registered therapists in every State and Territory.

MENTORING OPPORTUNITIES

We believe that good relationships are important in everyone's life. That's why we have a mentoring program.

We can assist you to build a connection with someone who can offer support and guidance when required.

RECREATIONAL ACTIVITIES

Everyone has the right to participate fully in their community and have the same choices and opportunities to enjoy recreational activities.

We can link you up to regular leisure activities in your community: on your own, from a hub or centre, or with others. We can also help you plan for holidays.

“ We're here to work with you to find help and support in your community ”

WE CAN LEND A HAND COORDINATING YOUR SERVICES

Organising your support and working with other services can be complex. Our staff are here to help take the hard work out of setting up and managing your support.

We will work with you to achieve the outcomes that are important to you. This involves staying in touch with you and making sure you are happy with the support you are receiving.

This takes the hassle out of managing your services, and means you can make sure you're getting the best support possible.

“ We'll work with you through times of change in your life ”

TAKING CONTROL

Life Without Barriers is a registered provider with NDIS in every State and Territory in Australia.

At Life Without Barriers we're excited about the opportunities this brings for the people we support.

YOUR SUPPORT, YOUR WAY

Making plans

The NDIS provides eligible people up to 65 years old with a permanent and significant disability with a plan and a budget. Each person's budget is based on an assessment of their living requirements, taking into account what is important now and in the future. Most plans and budgets are set for a year and reviewed regularly.

We understand that managing a budget can be a bit overwhelming. We're here to support you to figure out the choices available to you.

We know you will want to take an active role in telling us what works for you, make decisions on your supports and regularly review your services with us.

If the NDIS hasn't been rolled out in your area, we're still here to support you with any of our services you have in place. We will continue to review these to make sure you're getting the best support possible.

To check when the NDIS will be available in your community please visit the NDIS website at www.ndis.gov.au. To check if you may be eligible for the NDIS, search for NDIS Access Checklist, give us a call on 1800 721 226 or email us at yourlwb@lwb.org.au

We also offer support to people over 65 to maximise their independence. This support is for those who are eligible under relevant Federal funding.

HAVING YOUR VOICE HEARD

TALK TO YOUR LOCAL TEAM

As well as talking to your local Life Without Barriers staff, we have a number of ways that you can have a say about things that affect your service and support. For example, we involve those we support in the recruitment and selection of our staff.

QUESTIONS, COMMENTS, OR JUST A CHAT

Our free 1800 721 226 service is available to you and anyone in your life. We want to hear from you if you have ideas, feedback, or would like to raise issues or concerns.

Our Disability Services Advisory Council and related client councils are the voice of those we support. These groups raise issues on behalf of those we support and they ensure the issues get resolved.



WHAT IS SUPPORTED DECISION-MAKING?

We want to hear your voice and your decisions. However, we realise that sometimes others might need to help you out with this through what is called supported decision making.

This recognises that other people in your network may need to help you with decisions about your life. We understand how important the decisions made with your family, friends and other important people are, and believe these assist you to live the way you want.

“LWB has helped me get into TAFE, I will hopefully be starting in July and doing a Certificate III in IT. I am really looking forward to it”

WE'RE IN YOUR CORNER

Life can get tough. When things feel like a challenge, it's important to know there's support for you and when you want it. We are ready to stand up for you if you need us to.

WE'RE PEOPLE PEOPLE

Every person who works for Life Without Barriers is someone who loves working with people.

We support our staff to become the best they can be with a great team environment, performance monitoring, and learning and development.

Most importantly, we aim to employ people with a friendly, positive outlook – who will work with you to ensure you have every opportunity to live the life you want.



**WE'RE
LIFE
WITHOUT
BARRIERS**

“ LWB has made my life easier ”

CONTACT US

LIFE WITHOUT BARRIERS

352 King Street
Newcastle NSW 2300

PHONE (02) 4033 4500

FAX (02) 4927 5113

CUSTOMER INFORMATION & FEEDBACK SERVICE

1800 935 483

HEARING OR SPEECH IMPAIRED?

You can contact Life Without Barriers
via the National Relay Service on:

TTY 133677

SSR 1300 555 727

IR www.relayservice.com.au

YOURLWB@LWB.ORG.AU

WWW.LWB.ORG.AU

WHO WE ARE

We are a community-based organisation and we deliver services in more than 300 communities across Australia.

As well as supporting people with disability, our services include:

- caring for children, young people and families
- supporting Aboriginal and Torres Strait Islander peoples
- caring for people with mental health and housing needs
- supporting refugees and asylum seekers, and
- caring for older people.

Every day, Life Without Barriers offers support to a number of people with disability. We want each and every one of those people to feel as safe and respected as they should. We all have a responsibility to make sure we operate in an individually respectful way that ensures your safety and protection.

We believe in the rights of people and the importance of relationships. These foundations shape our unique approach to our support and underpin the values of Life Without Barriers.

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www.lwb.org.au



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